

INSECT IQ

INSECT INTELLIGENCE

Employees should take precautions when working in woods or around flowering plants. **Insect stings and bites can cause symptoms that range from mild discomfort to serious allergic reactions.** The following tips will help you stay safe while working outside.



KNOW BASIC FIRST AID FOR INSECT STINGS

- Remove stingers with a fingernail or gauze (no tweezers).
- Stay with sting victim in case serious reaction occurs.
- **DO NOT** immerse a scorpion sting area in water.
- Remove a tick with tweezers as soon as detected.
- Contact emergency medical personnel if a serious allergic reaction occurs.

RECOGNIZE THE SYMPTOMS OF A SERIOUS ALLERGIC REACTION

- Loss of breath
- Chest pain
- Abdominal pain and cramps
- Tightening of throat and thickening of tongue
- Convulsions
- Loss of consciousness



KNOW HOW TO PROTECT YOURSELF FROM INSECT STINGS AND BITES

- Wear shirts with long sleeves and long pants.
- Avoid highly scented perfumes and lotions.
- Do not disturb ant mounds as they could be stinging fire ants.
- Shake out clothing and shoes before putting them on.
- Wear an identification bracelet if you have a known allergy to insects.

